

New Haven Parks, Recreation & Trees Presents:

HEALTHY HIKING



Saturday Strolls 10:00 AM—11:30 AM (unless otherwise noted)

Be healthier with a Ranger guided stroll through some of New Haven's most beautiful Parks. Family's welcome. Hikes are free and appropriate for ages 6+.

- March 3 West Rock Nature Center
Judge's Cave Hike
(10 AM & 12:30 PM)
- March 17 East Rock Ranger Station
Snake Rock Hike
- April 14 Edgewood Ranger Station
White Trail Loop
- April 28 West Rock Nature Center
Lake Wintergreen
- May 5 East Rock Park
1:00 - 2:30 PM
Whitney Peak
- May 19 West Rock Nature Center
Judges Cave

Wednesday Walks 9:30 AM—10:30 AM

All walks meet at the Parks Administration Office Located at 720 Edgewood Ave.

Be healthier with a Ranger guided stroll through Edgewood Park. This easy hikes are intended for people of all hiking abilities. Hikes are free and appropriate for ages 5+. Family's welcome.

- February 1, 15, 29
- March 14
- April 4, 11
- May 2, 9



To register or for more information call 203-946-6559
or email jmilone@newhavenct.net



John Destefano Jr, Mayor
Robert Levine, Director

www.CityOfNewHaven.com
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